

FRIENDSHIP MANOR

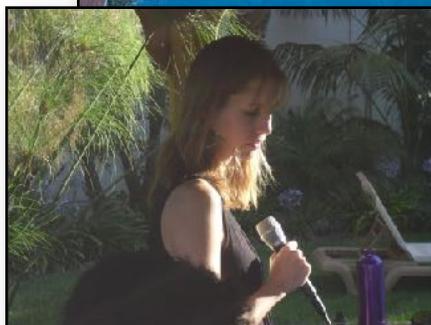
# NEWSLETTER

J. M. ALEXANDER, EDITOR

## Jazz By The Pool in July!

*This Yearly Jazz Outing is Eagerly Anticipated*

It's a yearly Manor Tradition to celebrate the American institution of Jazz — and what better setting than by our own pool on a wonderful evening under splendid July skies. Mark your calendars and come enjoy!



### July Highlights

**July 2**

Ice Cream Social

**July 3**

Reflexology Every Monday and Thursday / 10am-12pm Beauty Shop

**July 4**

Stretch & Strengthen Every Tuesday and Thursday / 11am B Lounge

**July 4**

4th Of July Party – Coastal Jazz

**July 9**

Hot Dog BBQ

**July 11**

Papa Heinz – Jamison Hall

**July 14**

Jazz By The Pool – Nicole Lvoff & Woody Demarco

**July 15**

French Festival

**July 21**

Jazz By The Pool – Dennis Berger Trio

**July 28**

Jazz By The Pool – Dixie Daddies

**July 29**

Pizza Party – B Lounge

## RESIDENT PROFILE: ELIZABETH HAMER

Elizabeth was born in Winthrop, Massachusetts, and has also lived in Colorado and California. She was married twice, has five children, 15 grandchildren, 22 great-grandchildren, and one great-great-grandchild. Her four sons instilled in her an interest in sports, and she also likes to play most board games.

Elizabeth has a degree in Family Studies, and worked at GTE as a Supervising Instructor – Training, a job she retired from. Special interests and hobbies include knitting, crocheting, card games, and she likes to remake greeting cards. She did community service at the Red Cross, and was named Volunteer of the Year for her dedication in helping cancer patients.

She has traveled throughout the U.S., as well as taking trips to Mexico, France and Italy. Her favorite foods include fish and Italian, she is fond of 70s's music and likes to read mysteries and biographies, and she likes to go to the theater. If you haven't met Elizabeth yet, say hello and make her feel at home.



## THE MANOR VAN IS FOR EVERYONE

Every week, the Manor Van is a valuable resource for Residents, for medical reasons or for pleasure or shopping. New Residents especially need to know about this valuable resource.

The van is a medical lifeline for Residents who need transportation to doctor appointments or medical testing. Richard is great at scheduling, and confirms with Residents the night before their appointments to make sure of times and as a reminder. Residents who need the Medical Van should schedule with the Front Desk, at only \$4/per trip.

The Manor Van also ventures into the Central Coast for Joy Rides and Local Walks once a week each, with Activities Director Chris at the wheel. Chris also chauffeurs local shopping trips to Goleta and Santa Barbara, including Trader Joe's and the 99-cent store. In addition, he books field trips to local concerts, plays and art exhibits. Some of these trips, especially when visiting restaurants and trips out of the area, may require Resident out-of-pocket expense.

If you haven't taken advantage of all the Manor Van has to offer, check out the slant board in the Lobby and sign up for a field trip with Chris; or connect with Reception to schedule a ride to your next medical appointment with Richard.



## BBQ SEASON AT THE MANOR

Summer is made even more special each year by outdoor BBQ to celebrate how good it is to be outside and smell the sumptuous aromas of food cooking on the grill.

Hot dogs, hamburgers, garden burgers, chicken, multiple salads and pies — what a wonderful way to begin the summer season of outdoor entertaining, with live music and of course great food thanks to our own Chef George.

So get out and enjoy the fun and companionship in the Promenade and see what a good time you'll have.



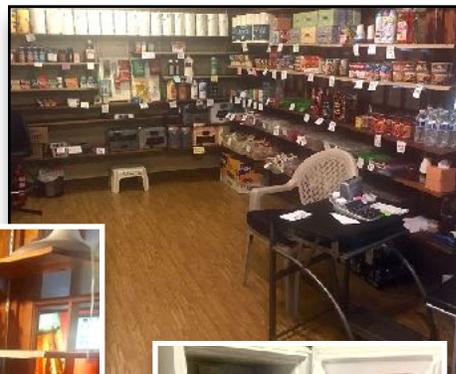
## DOROTHY'S CORNER STORE — IN THE B LOUNGE

The volunteer-staffed Corner Store in the B Lounge offers a wide-range of conveniences for Manor Residents. From necessities like paper products, to trash bags, to snacks and ice cream, this is your place to shop.

All profits from every purchase go to fund movies in Jamison Hall, live entertainment, the B Lounge TV and wi-fi, and much more. Support your Corner Store and make use of this valuable resource. If there's something you use regularly and can't find in the store, let them know.

And if you're interested in volunteering to help staff the store, see Mary in the store. Right now the Corner Store could use a couple of volunteers to help out. It's a fun way to spend an hour and a half in helping out your fellow Residents.

Remember, money you spend in the Corner Store goes directly back into Activities for Residents, so help support the things you enjoy with every purchase you make.



## MANOR UPDATE

The **Resident Resource Committee** (Betty Chackel, Chair) meets 11:00-11:30am every Friday in the E Lounge. Everyone is welcome, men too — don't be shy, guys!

Residents can now take advantage of the new Automatic Door leading into and out of the Lobby. Large push buttons activate the automatic function, and the door stays open long enough to enter or exit easily. Thanks to the anonymous donation that enabled the Manor to install this convenience.

A new projector has been ordered for Jamison Hall and it's brighter (3000 lumens) to enhance movie enjoyment. Installation will be by mid-July, as soon as it can be scheduled.

All Residents (women and men) are invited to come to the **Clothing Exchange**, held on the first weekend of each month on the second floor patio between the A and B buildings. It starts at 8am on Saturday and ends at 3pm on Sunday.

The Manor Resident **video tape library** is in the little room in the Billiard Room. Residents can check out and return videos, which are many and varied in genre. — It is requested that if anyone has video tapes to donate, please do so in an orderly fashion, please don't just dump them on the table. The preferred place to drop off is under the table.

New and existing Residents are reminded that in order to get maintenance service in your rooms, please fill out a **Maintenance Request Form**, which can be easily obtained at the **Front Desk**. Fill out the form completely and return to the person at Reception who will forward the form to Maintenance for scheduling. Remember, we have a a lot of requests and they will be process on a priority basis.

## July Birthdays

7/4	Susan Yanagihara
7/7	Vera Sisco
7/14	Benny Beveridge
7/15	Theresa Wall
7/16	Sarah Forsland
7/19	Helen King
7/20	Alyce Foster
7/20	Georgeanne Unzueta
7/21	Enola Fox
7/21	Barry White
7/22	Betty Moffitt
7/23	Harriet Wilt
7/31	Jerry Foster
7/31	Elizabeth Hamer

