

FRIENDSHIP MANOR

NEWSLETTER

J. M. ALEXANDER, EDITOR

Goodbye Summer!

Labor Day's BBQ Celebrated in The Promenade

The Manor's summer BBQ Season ended with another wonderful outdoor celebration of music, food and fun. With Chef George busy at the grill, live music was provided by the Greg Harrison Trio, and Residents came out to enjoy the festivities on a splendid day.



October Highlights

October 4

Senior Expo

October 5

Qi Gong & Tai Chi every Thursday in the B Lounge

October 6

Renee Hamaty – Jamison Hall

October 7

Ice Cream Social

October 10

Papa Heinz – Jamison Hall

October 18

Alice Gerety

October 20

UCSB Music Connecion – Jamison Hall

October 21

Hot Dog BBQ – B Lounge

October 28

Pizza Party

October 31

Halloween Party and Dance

And don't forget ...

Local Walks and Joy Rides with Chris – Check your monthly and weekly calendars, and sign up on the slant boards in the Lobby!

TWENTY YEAR ANNIVERSARY

Carla Bentley, the Manor's invaluable Office Manager since October 20, 1997, is celebrating 20 years of service to Residents and Staff.

Carla was born in San Francisco and moved with her family to Santa Barbara when she was five, where she attended local schools and graduated from Santa Barbara High School. She attended SBCC, UCLA and UCSB, where she graduated with high honors, earning her BA in Sociology.

As Office Manager, she directs front office operations and staff, and handles many of the business matters of the facility, including rent statements and payments, billing, accounts payable, health insurance, employee benefits, payroll and mail & reception. Undoubtedly, she's one of the busiest employees at Friendship Manor.

Prior to coming to the Manor, Carla was a Front Desk Supervisor for four years at the Carrillo Retirement Hotel, until it closed in 1997. Prior to that she worked for the Health Initiative (now known as CenCal Health) and a small assisted living unit in Merced, California.



Carla has a grown son and enjoys reading and walking — rain or shine she always goes for a walk during lunch break, and takes miles-long walks every chance she gets, which is basically whenever she has a day off work.

Carla has undoubtedly become an essential component of Manor life and her ongoing contributions are targeted toward keeping the facility running smoothly and helping Residents enjoy a good life at the Manor.

Stop by and congratulate Carla on this important anniversary, she works hard every day for you!



WATER BALLET / AEROBICS, ANYONE?

Manor Residents are a fount of talent and expertise, and one of our own has taught water ballet and water aerobics in the past. Nancy Rudolph will volunteer to teach a class to any interested Residents. We have a heated pool, so why not? If you're interested in this type of low-impact, highly effective exercise, leave a note for Nancy (Mailbox C204) at the front desk.

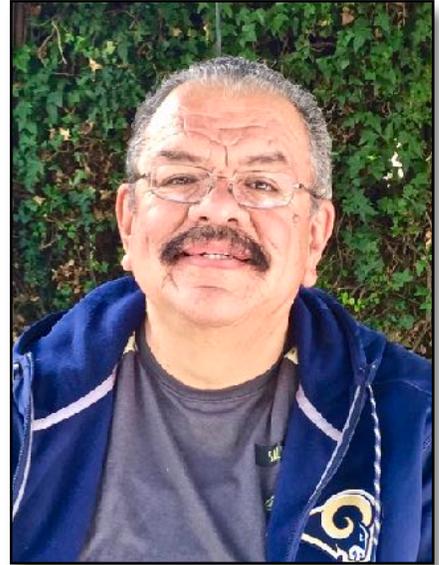
RESIDENT PROFILE: VICTOR PALATO

Victor was born in Santa Barbara and has lived much of his life here in the beautiful Central Coast. He is divorced and has three step-children from his marriage.

Victor proudly served in the Marines and his service took him to Okinawa, Japan and North Carolina. He has also travelled several times to one of his favorite places: Hawaii. He has been quite involved with his church, acting as usher and counting tithes and offerings among other things, and in his free time he enjoys hiking, biking and the beach. He also worked for Easy Life and helped a great many people in that capacity.

Victor likes Italian, Japanese and Mexican food (and he frequents Cajun Kitchen), and really loves BBQs. On the sports side, he roots for the LA Rams, LA Lakers and the LA Dodgers. He loves singing and especially playing pool with his brothers. For relaxation, he enjoys the beach, the mountains, and traveling.

On his first day in residence, he wrote: "August 18, 2017 is my first day in Friendship Manor and it seems pretty nice here. Love some of the people already." Seems like Victor has found a home. Say Hi to him if you have a chance and make him feel welcome.



DOROTHY'S CORNER STORE: COME VOLUNTEER!

You can make a difference! The Corner Store welcomes volunteers who want to help other Residents take advantage of the Corner Store's wide range of treats and necessities. From ice cream to toilet paper, the Corner Store has it all, and you can be part of the action.

See Mary Houston for more information.

All profits from every purchase go to fund movies in Jamison Hall, live entertainment, the B Lounge TV and wi-fi, and much more. Support your Corner Store and make use of this valuable resource.



MANOR UPDATE

Employee Appreciation Fund Drive!

Residents are reminded that the annual Employee Appreciation Fund drive is coming up. This is the time of year when Residents can demonstrate their appreciation for all the things our fantastic staff does all year long.

This year’s official kick-off is after Thanksgiving but anyone interested in getting a head start can drop off a **check** at the Front Desk, made payable to **RSC/VSS**, and of course cash in an envelope works as well.

Fund Drive for Animal Victims of Hurricane Harvey

Marcella Pesek (Room A126) is heading an effort to provide help to the lost and abandoned animal victims of Hurricane Harvey. The easy way is to write a check that will be forwarded to the very reputable animal group, “Best Friends Animal Society” at 5001 Angel Canyon Road, Kanab, UT 84741. Anyone interested in supporting this effort should contact Marcella or drop off a donation at the Front Desk.

The RSC Board has authorized the Manor to install a “hard” computer line to Jamison Hall so that movies can be streamed from Netflix on demand both on the big television and on the projector unit to the big screen. This will help enhance Residents’ movie enjoyment for years to come by engaging the Netflix online library of media.

October Birthdays

- 10/2** Dawn Nayak
- 10/3** Theresa Ybarra
- 10/3** Tom Chermack
- 10/5** Joanne Wright
- 10/9** Robert Gangwer
- 10/9** Virgie Clester
- 10/10** Jack Blunk
- 10/10** Kelly Reid
- 10/15** Sandra Grant
- 10/16** Sara Juno
- 10/17** Waldemar Koenig
- 10/19** Mary Houston
- 10/22** John Patterson
- 10/25** Nancy Badone
- 10/26** Ann O’Donnell
- 10/30** Margaret Morrison
- 10/30** Carole Lee
- 10/30** Theresa Medve

