

FRIENDSHIP MANOR NEWSLETTER

J. M. ALEXANDER, EDITOR

Resident Resource Committee

Announcing a New Support Group at the Manor



Betty Chackel

The RSC (Resident Services Council) is pleased to announce the newly created **Resident Resource Committee**. The RSC Board, in response to desires expressed by RSC members, has authorized the creation of this committee to help Residents both better acclimate to congregate living and assist in everything from interpersonal interactions to getting a ride to the pharmacy.

The new head of the Resident Resource Committee is Manor Resident, **Betty Chackel**, who is empowered to recruit members to volunteer for the committee, and even create sub-committees as needed to address Residents' needs as they may arise.

The Bulletin Board in the B Lounge will be solely dedicated to communications between Residents, and managed by Betty's Committee. Residents can post personal needs and list items for sale, requests for special assistance, with Betty's group responsible for managing the content.

Betty is a terrific leader who will make herself available as needed to help guide Residents through the transition of living at the Manor and offer support through her team for ongoing life at our wonderful facility.

Residents can contact Betty by dropping her a written note addressed to her in Room B-105, and giving it to the person at the Reception Desk in the Lobby.

September Highlights

September 2
Beauty Salon Open (Tuesdays and Fridays – see update on page 2)

September 3
Ice Cream Social

September 5
Labor Day BBQ – Promenade

September 9
Fredrik Rosvall – Jamison Hall

September 10
Hot Dog Party

September 13
Papa Heinz – Jamison Hall

September 16
Gem Fiedtkou – Jamison Hall

September 17
Pizza Party

September 22
DASH Seminar

September 22
Flu Shots – B Lounge

September 23
Rob Hoffman – Jamison Hall

September 30
Ryan & Zeyn – Jamison Hall

BEAUTY SALON OPEN FOR BUSINESS



Emily Perez

Emily Perez is the new stylist setting up shop in the **Beauty Parlor** (across from the Billiards Room), and will be on site both Tuesdays and Fridays to cut and style hair for both women and men.

Emily is open on Tuesdays from 7 am till 1 pm. and on Fridays from 11:30 am till 2 pm. Her number is **(805) 252-6495** to make an appointment.

VACATION UPDATE: Emily will be on vacation Tuesday, September 13 and Friday, September 16. She will be back in the salon on Tuesday, September 20.

The basic prices are as follows:

- Haircuts: \$15.00. Shampoo sets or blow dry: \$15.00.
- Manicures: \$20.00 Pedicures: \$30.00.
- Nail trim only: \$15.00.
- Colors and permanents also available.

Resident feedback is very positive, and you only have a short walk to take advantage of her expertise — so check out how Emily can spruce you up.

RESIDENT HANDBOOK – NEWLY UPDATED

Be on the lookout for the newly updated **Resident Handbook** to appear in your mail boxes in September. This is a valuable resource published by the Manor that lists all the services available to Residents, and answers many questions that regularly come up at the monthly RSC Meetings, held at 10:00 am on the fourth Thursday of each month in the Dining Room.

Some of the topics covered in the very informative Resident Handbook is quite complete and includes detailed information, such as: Who do I talk to about? (very nice to have), Friendship Manor Features, Your Apartment, Friendship Manor Services, A La Carte Services, Friendship Manor Policies, Resident Services, Emergency/Safety/Security, Community Resources, Protocol for Presenting Suggestions & Concerns, Emergency Fire Procedures, and a Map of the property.

All Residents are urged to read and become familiar with the wealth of information in the Resident Handbook, updated as of August 2016. If you still have questions or concerns, the Handbook even informs you how to proceed. Essential reading.

B LOUNGE UPGRADE TO TV SERVICE & INTERNET SERVICE

The RSC Board has upgraded the TV service with Cox Cable in the B Lounge. The new digital signal makes the television reception crisp and clean and takes advantage of the Sony television’s full potential. The sound is also better. Cox has provided one remote control that need to stay in the B Lounge, and the best news is that this upgrade is free for one year, and only \$2.99/month thereafter. For those who don’t have a TV in their rooms, or just want to have company while channel surfing, this upgrade enhances their experience.



In addition, the RSC Board has approved an upgrade to our Wi-Fi Service for Resident use when in the B Lounge. A new modem has been purchased which will accommodate a soon-to-be-upgraded internet speed. The upgraded internet will provide a bigger “pipeline” for Residents surfing the web, streaming YouTube vids, reading their e-books, or just checking emails. This upgrade will happen by mid-September, and Residents will hopefully have a better laptop and tablet experience while in the B Lounge. This upgrade will not affect existing password or computer connections and should be transparent to users. Happy Wi-Fi, everyone!

WATER USAGE UPDATE

FM Staff wants everyone to be aware that water usage is creeping up again, as apparent in the chart below. Please help conserve water to help keep costs down. Please do your part!

| WATER USAGE TOTALS | 1 HCF = 748 GALLONS | | |
|--------------------|---------------------|------------|--------------------------|
| MONTH/YEAR | Total HCF for Month | Total Bill | Surcharges |
| 1-Jul-15 | 459 | \$3,479.00 | |
| 1-Aug-15 | 515 | \$4,523.00 | \$1339 Drought Surcharge |
| 1-Sep-15 | 575 | \$4,993.00 | \$1495 Drought Surcharge |
| 1-Oct-15 | 503 | \$4,428.00 | \$1307 Drought Surcharge |
| 1-Nov-15 | 489 | \$4,236.00 | \$1271 Drought Surcharge |
| 1-Dec-15 | 563 | \$4,817.25 | \$1463 Drought Surcharge |
| 1-Jan-16 | 496 | \$4,291.30 | \$1289 Drought Surcharge |
| 1-Feb-16 | 491 | \$4,252.00 | \$1276 Drought Surcharge |
| 1-Mar-16 | 428 | \$3,756.00 | \$1112 Drought Surcharge |
| 1-Apr-16 | 463 | \$4,032.00 | \$1203 Drought Surcharge |
| 1-May-16 | 476 | \$4,135.00 | \$1237 Drought Surcharge |
| 1-Jun-16 | 453 | \$3,954.00 | \$1177 Drought Surcharge |
| 1-Jul-16 | 496 | \$4,354.00 | \$1308 Drought Surcharge |

IMPORTANT MANOR UPDATE

It's that time:

Friendship Manor rent has increased \$10.00 per month effective September 1, 2016.

This is the first rent increase in awhile, and the increase helps with rising costs and the increase in the minimum wage.

Please do your part by keeping water usage down, especially for those Residents who still have little personal gardens – remember Goleta water restrictions, and only water once a week.

DINING ROOM UPDATE/REMINDER

Every day of the year, our Kitchen Staff prepares and serves meals. And every day of the year, our Kitchen Staff needs to clean up at the end of every meal, in accordance with strict Health Department guidelines. This process takes only a short time, but to keep hourly staff hours manageable they need to clean up in a timely manner.

Please help keep Kitchen Staff costs down by making sure you leave the Dining Room one-half hour after the kitchen closes so that the Staff can effectively clean. And please honor the closure, which only takes about half an hour, but is a necessary part of the routine. Your co-operation is gratefully appreciated.

September Birthdays

- 9/4 Mike Sikorski
- 9/5 Admiral Arnold
- 9/6 Dennis Berger
- 9/14 Janet Wern
- 9/15 Larry Haskett
- 9/16 Vasiliki Biancaniello
- 9/17 Beverly Eastwood
- 9/17 Rose Ogden
- 9/19 Lorna White
- 9/20 Mary Coleman
- 9/21 Lynn Berryman
- 9/21 Shirley Bagwell
- 9/24 Danny Moreno
- 9/28 Rita Felcher
- 9/29 Rocky Martinez
- 9/29 Reggie Dover
- 9/30 Don Cowans

